



New -INTROS-

Nibbles to enjoy whilst you're deciding.

- GARLIC FLAT BREAD 1.95
- KAMALATA MIXED OLIVES 2.95

New -APPETISERS-

SALT & PEPPER SQUID 5.95

Impossibly tender chunks of squid, coated in spicy bubbled batter, with crisp leaves and sweet chilli dressing.

THAI FISHCAKES 4.95

Homemade fishcakes made with Thai spices served with a lemon and sechuan mayo and crisp leaves.

CHIPOTLE PRAWNS 5.45

Large spicy battered prawns with crisp leaves, a light covering of Asian dressing topped with sesame seeds.

Heart Healthy

We are the **only restaurant in the world** to use this specially-formulated European-grown sunflower oil. It's low in saturated fat, high in Omega 9, and ultra pure.

-MAIN CATCH-

All fish are cooked fresh to order, in either our original recipe batter, golden crumb or poached in milk with parsley sauce.

- MSC PLAICE 10.45
- HAKE FILLET 10.45
- MSC COD FILLET 8.45
- MSC LARGE COD FILLET 14.45
- MSC HADDOCK FILLET 9.45
- 10 PIECES WHOLETAIL SCAMPI 9.95
- MSC HOMEMADE FISHCAKES 9.45
With every MSC homemade fishcake meal sold we will donate 25p to the RNLI.
- THE EMD 9.95

Above dishes include chips and a side.

Sharing Platters

Get together, bring your friends and enjoy a sharing platter.

THE ENOCHS BIG FISH (E.B.F) 35.95

A combination of MSC cod, MSC haddock, hake, a portion of homemade fishcakes, a portion of scampi, chips and 4 sides.

THE WHITE FISH DUO from 14.95

Can't manage a full portion of fish, chips and a side? Then this duo might be right up your fish street! Each choose a fillet of fish and share a portion of chips & sides.

- x2 MSC COD FILLET 14.95
- x2 MSC HADDOCK FILLET 16.95
- x2 HAKE FILLET 18.95
- MIX IT UP (2 FILLETS) 17.95

SUPREMELY SATISFYING

Exploring the coast and mountains is hungry work - stock up on the ultimate fuel for your adventure.

Fish and chips are a fantastic, nutritional meal, packed with vitamins, and an excellent source of protein. Enochs fish and chips are one of the least adulterated meals you can eat - sustainably-caught wild fish, freshly harvested potatoes, flour for batter, and Heart Healthy Oil for cooking. See enochs.co.uk for more details.

-EN PAPILLOTE-

French for 'in parchment' is a method of cooking in which the food is put into a folded parcel and then baked in the oven to retain all of the flavour.

- MSC COD FILLET 8.95
- MSC HADDOCK FILLET 9.95

HAKE FILLET 10.95

Choose a fish and a locally made flavoured butter. Served with chips and a side.

Melyn Môn BUTTER CHOICE:

- CORIANDER, LIME & CHILLI
- SHITAKE MUSHROOM *New*
- SMOKED GARLIC & PARSLEY

Add a handful of juicy sustainable Icelandic cold water prawns for 1.00

-ALTERNATIVES-

EDWARDS SAUSAGES 7.95

ROAST CHICKEN BREAST 8.95

Above dishes come with a splash of gravy, chips and a side.

ENOCHS GRILL 8.95

2 Edwards sausages, fried egg, tomato, chips and a side.

Gluten Free

We offer En Papillote served with a mixed salad as our gluten free option.

Small Plates Menu

The small plates menu is available from 11.30am - 6.00pm weekdays.

- FISHCAKE BITES & CHIPS 5.45
- FISH FINGER SANDWICH 4.50
- FISH GOUJONS & CHIPS 5.95
- FISH CAESAR WRAP 4.50
- 5 PIECES scampi & chips 5.95

Add a small chips 2.00

FISH HAVE BONES!

Although every care has been taken to remove small bones some may remain. So be careful when eating your fish.

FOOD ALLERGIES & INTOLERANCES?

Please speak to a member of the Crew about the ingredients in your meal.

Also note that we use our fryers to cook various different dishes. If you're concerned about cross contamination, please ask.

-BURGERS-

All burgers are served with

'The Works'

A toasted brioche bun, topped with lettuce, tomato, red onion and our homemade sauce.

- SMOKEY BACON CHEESE BURGER 5.75
- SPINACH & CHICKPEA BURGER *New* 4.25
- CHEESE BURGER 4.95
- PLAIN BURGER 4.25
- CHICKEN FILLET BURGER 4.95
- PENFIELD BURGER *New* 6.25
Plain burger topped with BBQ pulled pork.

FISH FILLET BURGER 5.95

Prime fillet of fish in golden crumb served with mature cheddar and homemade tartare sauce.

SURF 'n' TURF BURGER 6.25

Plain burger topped with wholetail scampi and homemade tartare sauce.

Add a small chips 2.00

Add extra Cheese or bacon 1.00

-SIDES-

- MUSHY / GARDEN PEAS 1.50
- FRUITY / SPICY CURRY 1.50
- GRAVY 1.50
- BAKED BEANS 1.50

-EXTRAS-

Enjoy with anything

- MIXED SALAD 3.95
- BUCKET OF CHIPS 3.00
- FLOURED BAP 95p
- BREAD & BUTTER 50p
- PICKLED EGG, GHERKIN or ONIONS 95p

-PUDDING & PIES-

- EDWARDS STEAK PIE 8.45
- MEAT & POTATO PIE 7.45
- CHEESE & ONION PIE 7.25
- CHICKEN & MUSHROOM PIE 7.95
- STEAK & KIDNEY PIE 7.45
- STEAK & KIDNEY PUDDING 7.45

Above dishes come with a splash of gravy, chips and a side.

Still Hungry?

Don't go hungry... Extra chips are available. Please ask your server.

NEVER SAY NO TO THE DESSERT MENU

Service is not included except for parties of 7 or more where a 10% discretionary charge will be added. 100% of this service charge and any other tips you choose to leave will be shared amongst the crew.

*All menu items are subject to availability